

SUSHI 寿司

♣No meat or fish

SUSHI ASSORTMENT 寿司盛り

Chef's recommendation of today's fresh "neta" on sushi rice served with Miso soup and salad

Deluxe 特上	30
<i>12 pcs & dynamite roll</i>	
Gold 上	22
<i>10 pcs & 1 roll</i>	
Silver 並	18
<i>8 pcs & 1 roll</i>	

MAKI (Sushi Roll) COMBO 巻き寿司セット

Our most popular maki rolls in a combo (6pcs per roll otherwise noted)

Fujiyama 富士山	32
<i>Spicy Tuna (3pc), Spicy Salmon (3pc), Tuna (3pc), Salmon (3pc), Philadelphia (3pc), Alaska (3pc), Yam Tempura, Dynamite, Dharma Diamond (5pc)</i>	
Momiji もみじ	25
<i>Spicy Tuna or Salmon, Yam Tempura, Eel, Dragon or Rainbow</i>	
Sakura 桜	22
<i>California, Spicy Tuna or Salmon, Yam Tempura, Dynamite</i>	
Shōjin (vegetarian) 精進	17
<i>Avocado, Cucumber (Kappa), Yam Tempura, Inari (2pc)</i>	

NIGIRI SUSHI 握り寿司

Two pieces of hand-shaped sushi rice with toppings

Inari♣	<i>fried bean curd</i>			
Tamago♣	<i>egg</i>	4.50		
Kanikama	<i>King crab stick</i>			
Ama-Ebi	<i>sweet shrimp</i>			
Hokki-gai	<i>surf clam</i>			
Ebi	<i>shrimp</i>			
Shiromi	<i>red snapper</i>		Sashimi	Sashimi
Saba	<i>mackerel</i>	5.50	3pcs	5pcs
Tako	<i>octopus</i>		for	for
Ika	<i>squid</i>	6.50	6.50	8.50
Tobikko	<i>flying fish roe</i>			
Sake	<i>Salmon</i>			
Masago	<i>caplin roe</i>			
Maguro	<i>tuna</i>			
Unagi	<i>eel</i>	6.00	7.50	10.50
Hotate	<i>scallop</i>			
Hamachi	<i>yellow tail</i>			
Ikura	<i>salmon roe</i>			
Uni	<i>sea urchin</i>	7.00	8.50	12.50
Toro	<i>tuna belly</i>			

- * Extra Wasabi Japanese Green Mustard 0.75
- * Extra Gari thinly sliced pickled ginger 0.75
- * Spicy Sauce 0.75

MAKI-SUSHI ROLLS 巻き寿司

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Traditional hand rolled sushi with nori & choice of filling

Kappa♣	<i>Cucumber</i>	
Kan-pyo♣	<i>Japanese squash</i>	
Asparagus♣		4.50
Oshinko♣	<i>yellow pickles</i>	
Avocado♣		
Natto♣	<i>soya beans</i>	
Sake	<i>Salmon</i>	
Spicy salmon		
California		5.50
Spicy California		
Salmon skin	<i>BC roll</i>	
Tekka	<i>Tuna</i>	
Spicy tuna		
Hotate	<i>chopped scallop</i>	6.00
Hamachi	<i>yellow tail w scallions</i>	
Futomaki	<i>big roll</i>	
Unagi	<i>grilled eel</i>	
Negi-toro	<i>tuna belly w scallions</i>	7.00

SPECIALTY ROLLS 特選巻き寿司

YAM TEMPURA roll♣		6.00
<i>Sweet potato tempura, avocado, spicy sauce</i>		
PHILADELPHIA roll		6.00
<i>Smoked salmon, cream cheese, cucumber</i>		
ALASKA roll		6.00
<i>Salmon, avocado, cucumber</i>		
ATLANTIC roll		7.00
<i>Tuna, salmon, cucumber, lettuce, avocado, mayo</i>		
V4 roll ♣		7.00
<i>Asparagus tempura, cucumber, lettuce, avocado</i>		
DYNAMITE roll		7.50
<i>Shrimp tempura, avocado, red caviar, spicy sauce</i>		
VEGETABLE DRAGON roll ♣		7.50
<i>Sweet potato tempura, asparagus tempura, wrapped with avocado, spicy sauce</i>		
TERIYAKI roll 照り焼き		7.50
<i>beef teriyaki, avocado, cucumber, red caviar and spicy sauce</i>		
SALMON LOVER roll (8-10pcs)		9.95
<i>Alaska roll wrapped with salmon, topped with red caviar</i>		
SNOW CRAB roll ずわい蟹		9.95
<i>Atlantic snow crab, cucumber, red caviar, mayo sauce</i>		
RAINBOW roll レインボー		9.95
<i>California wrapped with tuna, salmon, shrimp & snapper</i>		
LOBSTER roll ロブスター		10.95
<i>lobster, cucumber, red caviar, mayo sauce</i>		
DRAGON roll ドラゴン		10.95
<i>Shrimp tempura, eel, wrapped with avocado, salmon & red caviar</i>		
SPIDER roll (8-10pcs) スパイダー		12.95
<i>Soft shell crab, avocado, cucumber, red caviar, spicy sauce</i>		
DHARMA-DIAMOND ダイアモンド	10pc/12.95	
<i>Crispy avocado, Eel, Salmon, & spicy sauce with chive and golden roe on top</i>		
	5pc/6.95	

Revised Nov/11

だるま寿司

Dharma Sushi Restaurant

1576 Argyle Street, Halifax, N.S.
Take out & Reservations
425-7785



Monday-Friday 11:45pm -2:15pm
Monday-Saturday 5:00-9:30pm

www.dharmasushi.com

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DAILY LUNCH SPECIALS 9.95

Mon	Chicken Teriyaki, Spicy Tuna/Salmon, 3pcs Gyoza dumplings with rice & salad (add miso soup \$2)
Tues	6pcs California Roll, 4pcs of Veg Tempura, Chicken
Thur	Teriyaki with Rice & Salad (add miso soup \$2)
Wed	Chirashi Sushi Bowl & Miso Soup
Fri	6pcs California Roll, 6pcs Salmon/Tuna Roll, 4pcs Yam Temp Roll & Miso Soup

EVERYDAY LUNCH SPECIALS

Dharma BENTO 13.95

4pc Tempura, 6pc California, Tuna & Salmon Nigiri Sushi, Mini Salad, Spring roll, Chicken teriyaki, & Rice served in a bento box with Miso Soup

DELUXE SUSHI Lunch 19.95

6pc chef's choice nigiri, 6pc dynamite roll, 6pc spicy tuna/salmon roll, Miso soup & salad

SUSHI Lunch 13.95

Tuna, Salmon, Shrimp, Eel - 1pc each, 6pc California roll, 6pc spicy tuna roll, Miso soup & salad

VEG SUSHI Lunch ♣ 10.95

Two kinds of veg sushi of your choice, Miso soup & salad

TEMPURA Lunch 10.95

Tempura (3pc Shrimp, 1 Scallop Skewer, 4pc Vegetables) with Miso soup & salad

TERIYAKI Lunch 9.95

Chicken, Beef, Shrimp, or Salmon Teriyaki served with rice & salad (add miso for \$2)

Dharma Veggie Lover ♣ 10.95

Tofu steak, veg croquette, 6pc avocado roll, Miso soup, rice & salad

★Catering & Party Trays

Please inquire about our custom made catering menus.

★Special Dinners upon request with reservation

Sukiyaki, Shabu-shabu, and Lobster Dinners available

Appetizers		♣No meat or fish. May contain fish broth.
Ohitashi (♣) <i>Boiled spinach with dried bonito</i>	3.95	
Hiya-Yakko (♣) <i>Chilled bean curd with bonito, ginger and green onion</i>	3.95	
Croquette ♣ <i>Japanese style vegetable croquette served with tonkatsu sauce</i>	4.95	
Edamame ♣ <i>Boiled soya beans, slightly salted</i>	4.95	
Agedashi-Tofu 揚げ出し豆腐 (♣) <i>Fried Tofu in tempura sauce</i>	5.95	
Shishamo ししゃも <i>Broiled caplin</i>	5.95	
Haru-maki 春巻き ♣ <i>Dharma original deep fried spring rolls accented with shitake mushrooms</i>	6.95	
Yakitori 焼き鳥 <i>Skewer of grilled chicken w/ teriyaki sauce (2pcs)</i>	6.95	
Tofu Steak 豆腐ステーキ ♣ <i>Served with teriyaki sauce</i>	7.95	
Fresh Soba Spring Roll 和風生春巻き 7.95 <i>Fresh Spring Roll with soba noodles, shrimp & vegetables</i>	7.95	
Chicken-Kara-Aghé 鶏の唐揚げ <i>Deep fried chicken fritters marinated in our special sauce</i>	7.95	
Spicy Chicken-Kara-Aghé ぴり辛鶏唐 <i>Spicy deep fried chicken fritters</i>	7.95	
Suno-Mono 酢の物 <i>Seafood and seaweed salad in mild rice vinegar sauce</i>	7.95	
Gyo-za 餃子 <i>Japanese style pan fried dumplings (6pcs)</i>	7.95	
Vegetable Gyo-za 野菜餃子 ♣ <i>Japanese style pan fried vegetable dumplings (6pcs)</i>	7.95	
Katsu カツ <i>Panko-breaded, deep-fried meat served with salad (pork or chicken)</i>	7.95	
Sauteed Hotate ほたてバター焼き <i>Grilled scallops with a dash of lemon and soy sauce</i>	8.95	
Chicken Nanban 鶏南蛮 <i>Deep fried chicken thighs served with sweet & sour sauce topped with tartare dressing</i>	8.95	
Silver Cod 銀ダラ西京漬け <i>Miso marinated silver cod grilled crisp (Seasonal)</i>	9.95	
Sushi Pizza 寿司ピザ <i>Salmon, avocado, tobikko on a plate of crispy sushi rice</i>	10.95	
Sampler Basket 揚げ物盛り合わせ <i>Korokke (veg croquette), spring roll, karaaghe chicken</i>	12.95	

SALAD		♣No meat or fish. May contain fish broth.
<i>With Dharma Original Ginger Dressing</i>		
House Salad ♣	(S)4.95(L)6.95	
Seaweed Salad	7.95	
Seafood Salad	10.95	
Extra dressing	0.75	
SOUP		
Miso Soup ♣ <i>Traditional Japanese soy bean paste soup</i>	3.00	
Seafood Miso Soup <i>Miso soup with tuna, salmon, shrimp, & scallop</i>	6.95	
Chawan-mushi <i>Eggs, Seafood & broth steamed in chawan bowl until egg mixture stiffens to a silken soft texture</i>	6.95	
NOODLE SOUP		
Udon or Soba Noodles <i>Udon Noodles are made with white flour and Soba Noodles are made with buckwheat flour</i>		
Vegetable ♣	(S)5.50 (L)8.50	
Kitsune <i>Inari Fried bean-curd cooked in sauce</i>		
Tempura		
Vegetable Tempura ♣		
Chicken		
Beef	(S)6.50(L)9.50	
Chilled Soba ♣ <i>Chilled soba noodles with dipping sauce</i>	9.95	
Chilled Soba with Tempura	13.95	
TEMPURA		
<i>Choices of ingredients deep fried in traditional feather light tempura batter</i>		
Vegetable ♣	6.95	
Shrimp & Vegetables	7.95	
Assortment	13.95	
Extra Shrimp	2.00/pc	

TERIYAKI		♣No meat or fish. May contain fish broth.
<i>Your choice of grilled meat with home-made teriyaki sauce. Served with side vegetables, miso soup, salad and rice</i>		
CHICKEN <i>Boneless chicken thigh</i>	16.95	
SALMON <i>Atlantic salmon</i>	17.95	
BEEF <i>Thinly sliced sirloin</i>	16.95	
SHIRIMP <i>tiger shrimp</i>	17.95	
TOFU ♣	14.95	
Extra Teriyaki Sauce	0.75	
SPECIAL DINNER 定食		
<i>Served with miso soup, salad and rice</i>		
TEMPURA	16.95	
VEGETABLE TEMPURA ♣	14.95	
YAKIZAKANA <i>Grilled Miso-marinated silver cod (seasonal)</i>	18.95	
Chicken Nanban 鶏南蛮定食 <i>Deep fried chicken thighs served with sweet & sour sauce topped with tartare dressing</i>	18.95	
Dharma Bento Dinner 松花堂弁当 <i>Tempura, Agedashi-Tofu, Mini Chirashi (sushi rice topped with sashimi) & chicken teriyaki w/side vegetables showcased in a lacquered bento box</i>	21.95	
Dharma Bento Dinner Deluxe <i>Sushi (4 Nigiri & 1 roll), Sashimi, Tempura, Agedashi-Tofu, grilled silver cod, showcased in a lacquered bento box</i>	35.00	
SASHIMI 刺身定食 <i>Chef's best choice of market fresh sashimi served with rice</i>	22.95	
SASHIMI & SUSHI 刺身と寿司 <i>Market fresh sashimi & 8pc Nigiri Sushi and dynamite roll</i>	32.95	
DONBURI 丼ぶり		
<i>Large bowl of rice topped with your choice, served with miso soup</i>		
OYAKO-DON 親子丼 <i>Traditional donburi, Egg and chicken cooked in broth sauce</i>	10.95	
TANIN-DON 他人丼 <i>Traditional donburi, Egg and beef cooked in broth sauce</i>	10.95	
KATSU-DON カツ丼 <i>Panko-breaded porkloin with sauteed onions & egg</i>	10.95	
TEN-DON 天丼 <i>Deep fried shrimp & vegetable tempura</i>	12.95	
UNA-DON うな丼 <i>Grilled eel with eel barbecue sauce</i>	16.95	
SASHIMI ASSORTMENT		
<i>Assortment of fresh raw seafood slices</i>		
Special (10 kinds) 特上		32
Large (7 kinds) 上		21
Medium (5 kinds) 並		16